

COMPLETE SPIRITUAL

THE CHRISTIAN'S LIFE AND GROWTH EVALUATION

The goal of this checkup is to identify problem areas, affirm positive areas, and help us see ourselves as God sees us.

"Search me, O God, and know my heart; try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting;"
(Psalm 139:23-24)

1 New Birth

"Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobrates?"
(2 Corinthians 13:5)

- I have fully agreed with God about the sin in my life, and I have turned away from it so that I can live the kind of life Jesus died to provide. This repentance has changed the way I live. speak, and think (Acts 26:20; Luke 13:3; Titus 2:11-14). YES NO
- I have placed all of my trust and complete confidence in Jesus Christ alone for salvation—trusting in no one and nothing else (Ephesians 2:8; John 14:6; Acts 16:31; Romans 10:9-10). YES NO
- I have assurance from the Holy Spirit that I have been fully forgiven and accepted as God's child (John 1:12-13; Ephesians 1:7-13; 1 John 5:13). YES NO
- The Bible teaches that a changed life is powerful evidence of true faith. It is obvious that God has changed me from the inside out, and that my behavior, desires, and direction are increasingly aligning with Christ (James 2:24; Matthew 7:13-24). YES NO

If you circled one or more questions NO, check this box:
and realize that you may not have experienced true salvation and the new birth.

2 Intimacy with God

"Thus saith the LORD, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches: But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the LORD which exercise lovingkindness, judgment, and righteousness, in the earth: for in these things I delight, saith the LORD." (Jeremiah 9:23-24)

GOD'S WORD

- I desire to read and obey the Word of God. YES NO
- I take time daily (or with rare exception) to read, meditate on, and memorize Scripture. YES NO
- I often find myself thinking about, singing, or praying Scripture to the Lord. YES NO
- I am continuing to increase in my understanding of the Bible, God's Word. YES NO

PRAYER

- Meaningful prayer is a part of my daily life. YES NO
- I am praying regularly with others (e.g. family, friends). YES NO
- The last time I received an answer to prayer that only God could fulfill was within the last few: ___ Hours ___ Days
- ___ Weeks ___ Months ___ Years
- My prayers are: ___ Heartfelt ___ Empty words ___ Repetitions ___ Duty

If you circled one or more questions NO, check this box:
and realize that your pursuit of intimacy with God is diminishing with each NO.

3 Hindrances to Revival

"But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear." (Isaiah 59:2)

PRIDE

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| 1. It is hard for me to express genuine love and appreciation for Jesus and others. | YES | NO |
| 2. It is difficult for me to ask forgiveness from family or others when I sin against them. | YES | NO |
| 3. I have a tendency to want credit for accomplishments. | YES | NO |
| 4. Others would say that my primary drive is to look out for myself rather than to serve others. | YES | NO |

DEALING WITH UNCONFESSSED SIN

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| 1. It is difficult for me to confess my sins to God. | YES | NO |
| 2. I am aware of specific sins I have not confessed and forsaken. | YES | NO |
| 3. I struggle to gain consistent victory over sinful habits. | YES | NO |
| 4. I have "secret sins" that I hide from others. | YES | NO |

4 Personal Holiness

"But as he which hath called you is holy, so be ye holy in all manner of conversation;" (1 Peter 1:15)

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| 1. When God speaks, I obey immediately: I allow the Holy Spirit to lead me and to control my thoughts and behavior. | YES | NO |
| 2. I am guarding my eyes and my heart in pursuit of moral purity. | YES | NO |
| 3. I do not lie, misrepresent, exaggerate, or mislead. | YES | NO |
| 4. Circle the words that best characterize your behavior and attitude within the last 48 hours: | YES | NO |

SPIRIT-LED

- Patient
- Forgiving
- Encouraging
- Yielding
- Loving God
- Humble

FLESH-LED

- Impatient
- Unforgiving (bitter)
- Critical
- Controlling
- Loving pleasure
- Proud

{OR}

"For as many as are led by the Spirit of God, they are the sons of God." (Romans 8:14)

If you circled one or more questions YES,
check this box:

and realize that you have allowed hindrances to keep you from experiencing personal revival.

If you circled one or more questions NO,
check this box:

and realize that you need to pursue personal holiness in your daily life.

5 Priorities

"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." (Matthew 6:33)

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| 1. When family, friends, and others view my life, they see me consistently valuing eternal things (like giving, witnessing, studying God's Word, praying, developing meaningful relationships) rather than temporary things. | YES | NO |
| 2. I am guarding my heart from loving this present world system (this world's lifestyle, philosophies, entertainment, possessions, music, fashions). | YES | NO |
| 3. I am actively supporting my local church with the time, skills, and financial resources that God has blessed and trusted me with. | YES | NO |
| 4. From 1-7, rank the following activities based on the amount of time you spend doing each in a given day: | | |
- _____ Internet
 - _____ Social Media/Entertainment
 - _____ Food
 - _____ Sports/Recreation
 - _____ God's Word (reading, memorizing, meditating)
 - _____ Prayer
 - _____ Family/Friends

If you circled one or more questions NO, or if you sense that the way you prioritize your time does not reflect your commitment to Christ, check this box:

Realize that you need to pursue personal holiness in your daily life.

6 Valuing Others

"A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples; if ye have love one to another." (John 13:34-35)

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| 1. As far as I know, there is no one alive whom I have knowingly wronged, offended, or hurt in any way, that I have not gone back to and attempted to make things right (sought forgiveness, offered restitution, returned what was stolen, etc.). | YES | NO |
| 2. I willingly submit to the authorities God has placed in my life (pastor, employer, parents, teachers, government leaders, etc.). | YES | NO |
| 3. I make intentional efforts to love others the way Jesus commanded, putting their needs above my own. | YES | NO |
| 4. I am known for extending God's love, generosity, hospitality, and grace to others, especially toward my own family and my school/work associates. | YES | NO |

If you circled one or more questions NO, check this box:

and realize that you may not be engaging in developing healthy relationships.

LIFE ACTION

For additional resources visit LifeAction.org

PROUD/BROKEN PEOPLE

PROUD PEOPLE

BROKEN PEOPLE

Focus on the failures of others

Overcome with a sense of their own spiritual need

A critical, fault-finding spirit; look at everyone else's faults with a microscope, but their own with a telescope

Compassionate and sympathetic; can forgive much because they know how much they have been forgiven

Self-righteous; look down on others

Esteem and regard all others better than themselves

Independent, self-sufficient spirit

Have a dependent spirit; acknowledge their need for others

Have to prove that they are right

Willing to yield the right to be right

Claim rights; have a demanding spirit

Yield their rights; have a meek spirit

Protective of their time, their rights, and their reputation

Self-denying

Desire to be served

Motivated to serve others

Desire to be a success

Motivated to be faithful and to make others a success

Desire to promote oneself

Desire to promote others

Have a drive to be recognized and appreciated

Have a sense of their own unworthiness; thrilled that God would use them at all

Hurt when others are promoted and they are overlooked

Eager for others to get the credit; rejoice when others are lifted up

Standoffish or defensive when criticized

Receive criticism with a humble, open spirit

Feel confident in how much they know

Humbled by how very much they have to learn

Quick to blame others

Accept personal responsibility and can see where they are wrong in a situation

Keeps others distant

Willing to risk getting close to others and to take risks of loving intimately

Self-conscious

Not concerned with self at all

Seeks their own glory with the decisions they make

Seeks God's glory in the decisions they make

Concerned with what others think; work to protect their own image and reputation

Concerned with being real; what matters is what God knows, not what others think

Find it difficult to share their spiritual need with others

Willing to be open and transparent with others as God directs

Want to be sure that no one finds out when they have sinned; their instinct is to cover up

Once broken, don't care who knows or who finds out; are willing to be exposed because they have nothing to lose

Have a hard time saying, "I was wrong; will you please forgive me?"	Quick to admit failure and to seek forgiveness when necessary
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Tend to not be specific when confessing sin	Able to acknowledge specifics when confessing their sin
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Concerned about the consequences of their sin	Grieved over the cause, the root of their sin
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Sad over their sin, because they got found out or got caught	Truly, genuinely repentant over their sin, evidenced in the fact that they forsake that sin
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Compare themselves with others and feel worthy of honor	Compare themselves to the holiness of God and feel a desperate need for His mercy
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Blind to their true heart condition	Walk in the light
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Have a subconscious feeling, "This church is privileged to have me and my gifts"; think of what they can do for God	Heart attitude is, "I don't deserve to have a part in any ministry"; know that they have nothing to offer God except God flowing through their broken lives
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Don't think they have anything to repent of	Realize they have need of a continual heart attitude of repentance
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Wait for someone else to come and ask forgiveness when there is a misunderstanding or conflict in a relationship	Take the initiative to be reconciled when there is misunderstanding or conflict in relationships; they race to the cross; they see if they can get there first, no matter how wrong the other may have been
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Responding to God

We're so glad that God has spoken to your heart and that you are willing to meet with Him.

To help you respond to the Holy Spirit's conviction, following are some steps of action. Please take whatever time is necessary to go through these so you can deal thoroughly with all that God has revealed to you.

Repentance

The process of dealing with sin involves two aspects:

1. Confessing or agreeing with God about two things.

- Your sin (the fruit . . . wrong actions, words, attitudes, values, priorities, etc.)

Be specific, and remember, "God gives grace to the humble."

- Your self (the root)

Agree with God that the root of your sin is self – that when you sinned, you pushed Christ off the throne of your life and willfully chose to control it.

2. By faith, doing two things:

- Thank God for His forgiveness based on the promise of His Word (Proverbs 28:13, 1 John 1:9).
- Once again, yield control of your life to the Holy Spirit.

Keep these steps in your Bible, and use them the next time God convicts you of sin. You will experience ongoing revival as you "repent" and "keep short sin accounts" with God.

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Before you leave, would you please write down how God has dealt with your heart today? Be as specific as possible about where God found you, what He said, and how you have responded to Him.

Please tear off the bottom portion of this page and place it in the Repentance Box as you leave. We would appreciate the opportunity to rejoice with you over God's work in your life.